Prevention:
Women are 100% more likely to visit the doctor for annual examinations and preventive services than men. (CDC 2001)

Health Facts:
Men die at higher rates than women from 9 of the top 10 causes of death and are the victims of over 92% of workplace deaths. (BLS)

In 1920, women lived, on average, one year longer than men. Now, men, on average, die almost five years earlier than women. (CDC)

Cause & Rate¹ Men Women
Heart Disease 210.9 131.8
Cancer 192.9 138.1
Injuries 54.7 27.3
Stroke 36.9 35.6
Suicide 20.7 5.8
HIV/AIDS 3.0 1.1

Who is the Weaker Sex?
♦ 115 males are conceived for every 100 females.
♦ The male fetus is at greater risk of miscarriage and stillbirth.
♦ 25% more newborn males die than females.
♦ 3/5 of SIDS victims are boys.
♦ Men suffer hearing loss at 2x the rate of women.
♦ Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.
♦ Men have fewer infection-fighting T-cells and are thought to have weaker immune systems than women.
♦ By the age of 100, women outnumber men eight to one. (NYT Magazine 3-16-03)

Depression and Suicide¹
Depression in men is undiagnosed contributing to the fact that men are 4 x as likely to commit suicide.
♦ Among ages 15 to 19, boys were 3.1 x as likely as girls to commit suicide.
♦ Among ages 20 to 24, males were 4.6 x as likely to commit suicide as females.
♦ The suicide rate for persons age 65 and above: men...31.5 – women...5.

Life Expectancy At Birth, 2017

Silent Health Crisis
There is a silent health crisis in America...it’s that fact that, on average, American men live sicker and die younger than American women.”
Dr. David Gremillion
Men’s Health Network

To learn more, contact:
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²Life Expectancy data are from CDC/NVSR Vol. 68, Number 7, June 24, 2019, United States Life Tables, 2017