Men's Health Network Men's Health Network
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MEDIA ALERT >>> This corrects an earlier media alert. <<<

September 9, 2013

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Running Strong: A Conversation with Billy Mills on Native Men's Health

Webinar Series Continues - A Dialogue with Billy Mills

(Washington, DC) – Following a successful series launch during Men's Health Month, the third in the webinar series, Running Strong: A Conversation with Olympic gold medalist Billy Mills on Native Men's Health webinar, will feature a tireless advocate for the promotion of health in Native boys and men, Mr. Mills, who will share his incredible experience.

This webinar affords a unique opportunity to hear Mr. Mills powerful story of success and how his Running Strong organization is seeking to improve the lives of Native young people, and to engage him in a dialogue on what works, doesn't work and what he believes will inspire the next generation of Native youth to life a healthy lifestyle.

WHAT: Running Strong:

A Conversation with Billy Mills on Native Men's Health webinar

WHEN: Tuesday, September 10, 3 p.m. to 4:30 p.m. EDT

(log in 10 minutes beforehand)

HOW: Join the meeting here: http://ihs.adobeconnect.com/r4q6wm9okui

Adobe Room Passcode: ihs123

Audio Conference Details: Conference Phone Number:

United States: +1-800-832-0736 Please enter Room Number 3014886

ABOUT: Billy Mills (Oglala Lakota) is a recipient of the Presidential Citizens Medal and member of the U.S. Olympic Hall of fame. He shocked the world when he came from behind to win the gold medal in the 10,000 meter race. At the time, he set a world record of 28 minutes 24.4 seconds and he is still the only American to ever win a gold medal in the 10,000 meters. Mills is a tireless advocate for the promotion of health in Native boys and men.

WHY: AI/AN males experience death rates 200 to 500 percent greater than AI/AN females for suicide, HIV/AIDS, homicide, unintentional injuries, diabetes, firearm injury, and alcohol-related deaths and 10 to 50 percent higher than AI/AN females from cancer, heart disease, and liver disease. The AI/ANs are the only racial/ethnic group in which males experience higher levels of self-reported psychological distress than females. To date, these disparities are not widely acknowledged and subsequently, AI/AN male-focused interventions have rarely been attempted.

Men's Health Network (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow us on Twitter @MensHlthNetwork and facebook.com/menshealthnetwork

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