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Gov. Haslam Issues Proclamation for Tennessee Men's Health Week – June 10-16, 2013

(Washington, DC) – Governor Bill Haslam issued a proclamation designating the week leading up to and including Father's Day, as Tennessee Men's Health Week - which is a special awareness period to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices.

"Men who are educated about the value of preventative health will be more likely to participate in health screening," Haslam wrote in the proclamation. "Tennessee Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer. Tennesseans are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check ups."

In preparation for Tennessee Men's Health Week, Men's Health Network (MHN) encourages health care professionals, private industry, faith-based organizations, community groups, insurance companies, and all other interested organizations and individual citizens, to organize and plan for activities and events, which will focus on men's health during the week of June 10-16. For ideas and open resources in both English and Spanish, visit www.menshealthmonth.org.

"We'd like to thank the governor for recognizing June 10-16 as Tennessee Men's Health Week," said Ana Fadich, MHN Vice President. "We hope that by raising awareness about the health and wellbeing of men and boys around Father's Day, they will be more likely to take action and set a doctor's appointment in June."

National Men's Health Week, sponsored by Senator Bob Dole and Congressman Bill Richardson, passed Congress and was signed into law by President Clinton, on May 31, 1994. Men's Health Week is organized by Men's Health Network (MHN), a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health prevention messages and tools, screening programs, educational materials, advocacy

opportunities, and patient navigation. Learn more about MHN at www.menshealthnetwork.org and follow them on Twitter @MensHlthNetwork and <u>facebook.com/menshealthnetwork</u>

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