

# Men's Health Network

Slides provided by CDC: Health US 2015

Slides updated by Colin Stephenson

## Key Health Indicators

April 2017

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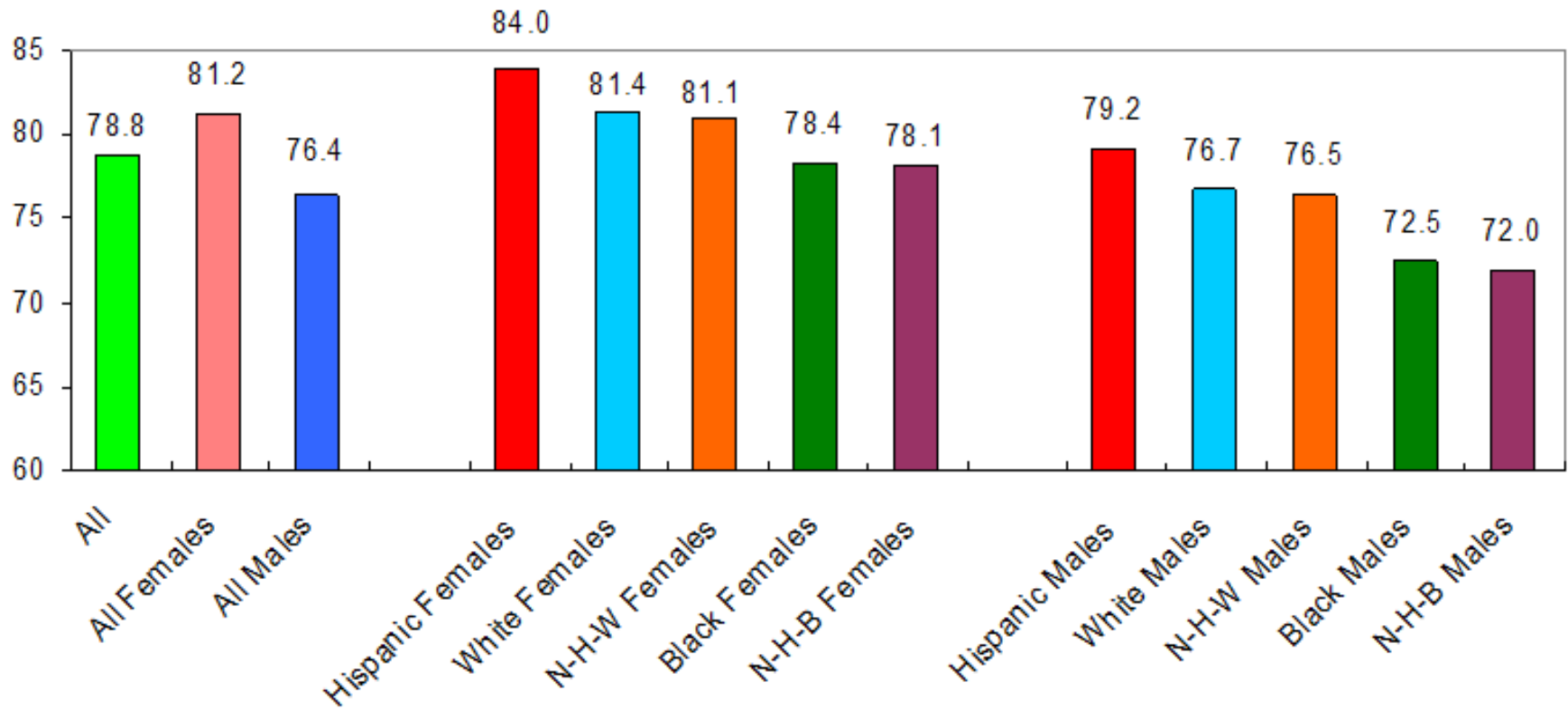
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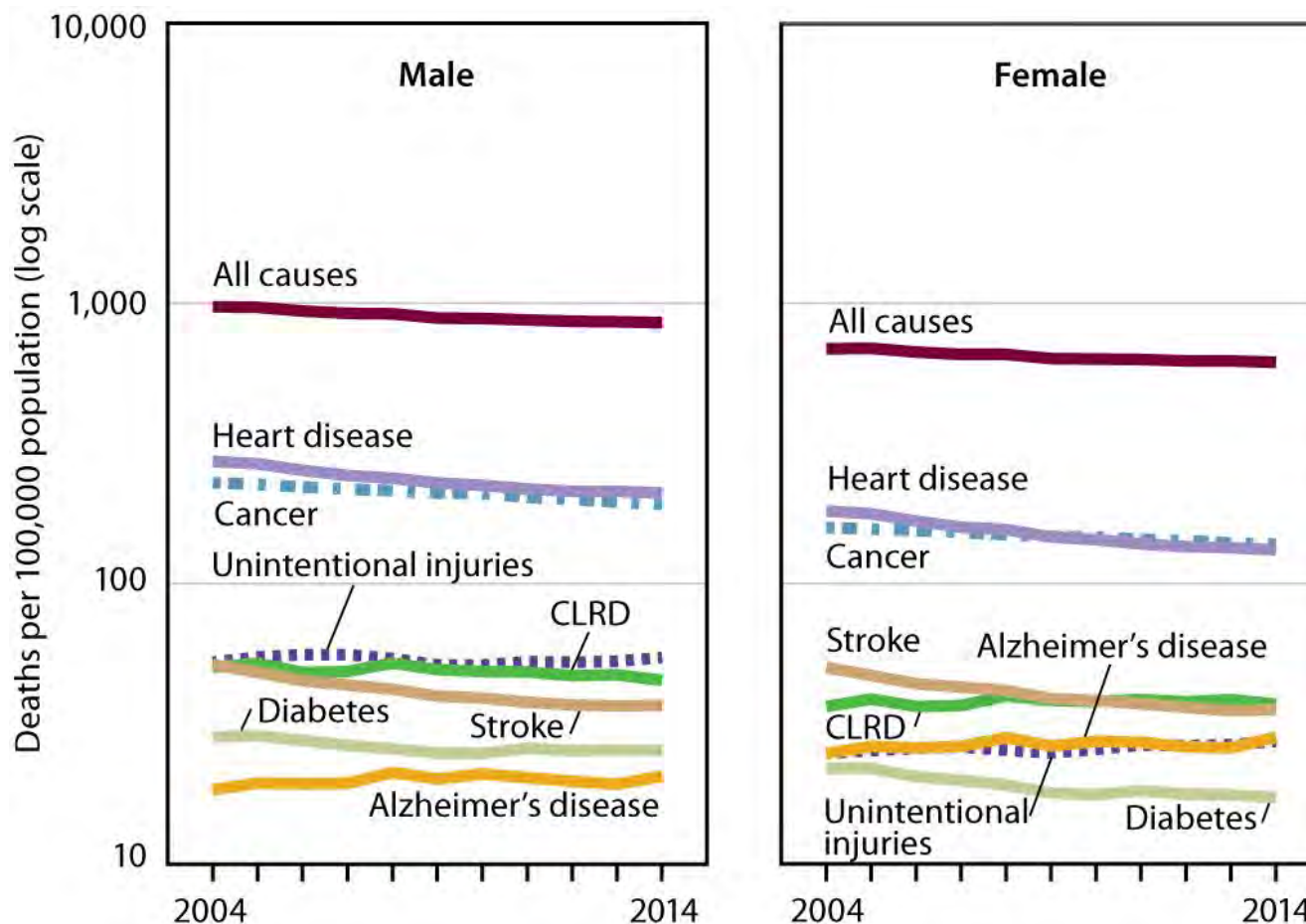
# Life Expectancy at Birth, 2014

Native Americans and Asian/Pacific Islanders are not charted because of reporting problems. However, Native American men have the lowest life expectancy, with a life expectancy of 63 in the Aberdeen area (2005).<sup>+</sup> The life expectancy of black males continues to improve, 72.5 years in 2014, up from 72.3 in 2013. Life expectancy for females exceeds that of males in every category.



Source: CDC/NCHS/ Health, US, 2015: Life Expectancy at Birth, 65 and 85 Years of Age, US, Selected Years 1900-2014 (Source: NVSS) Obtained 6-9-16

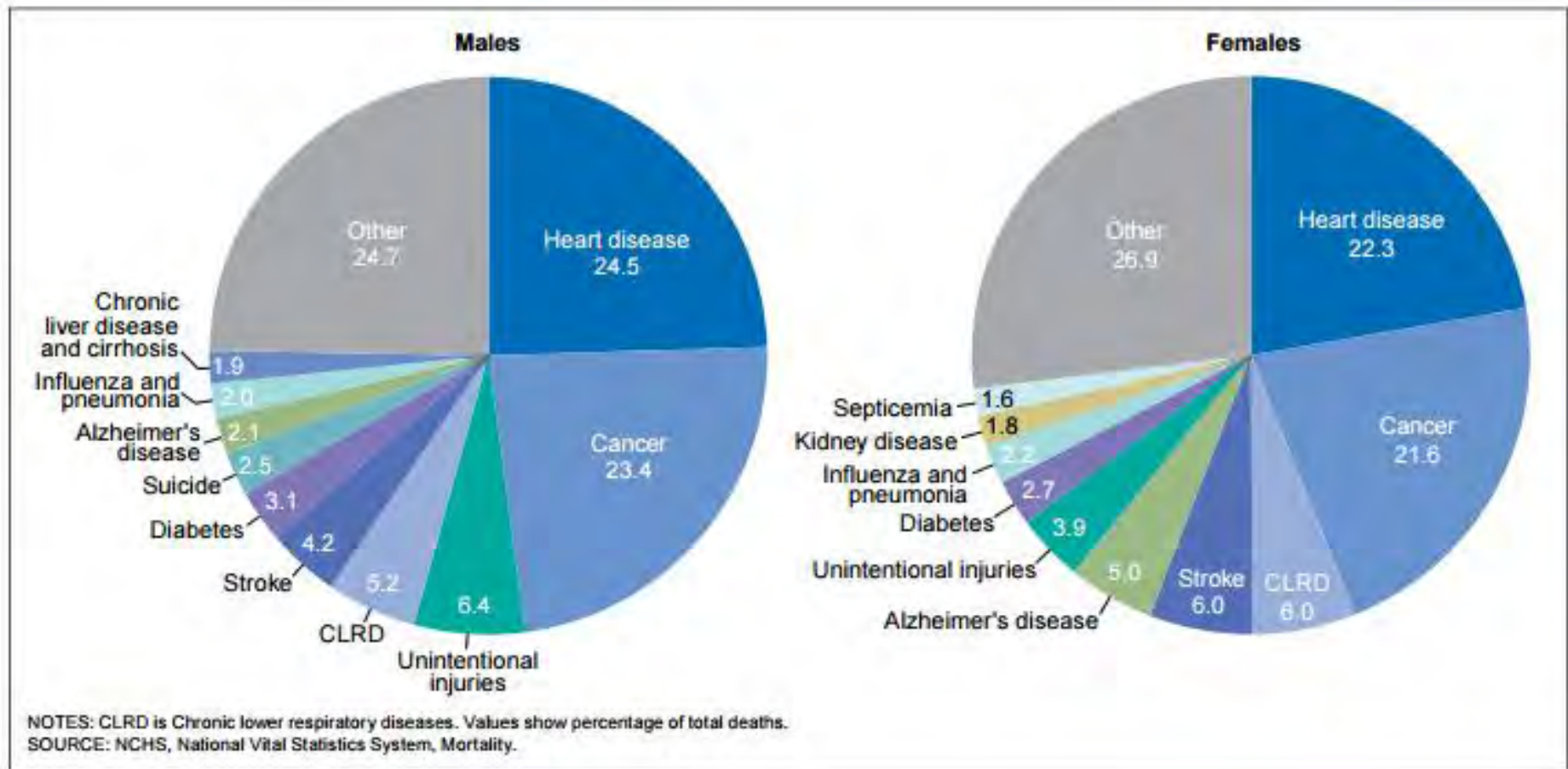
# Selected causes of death



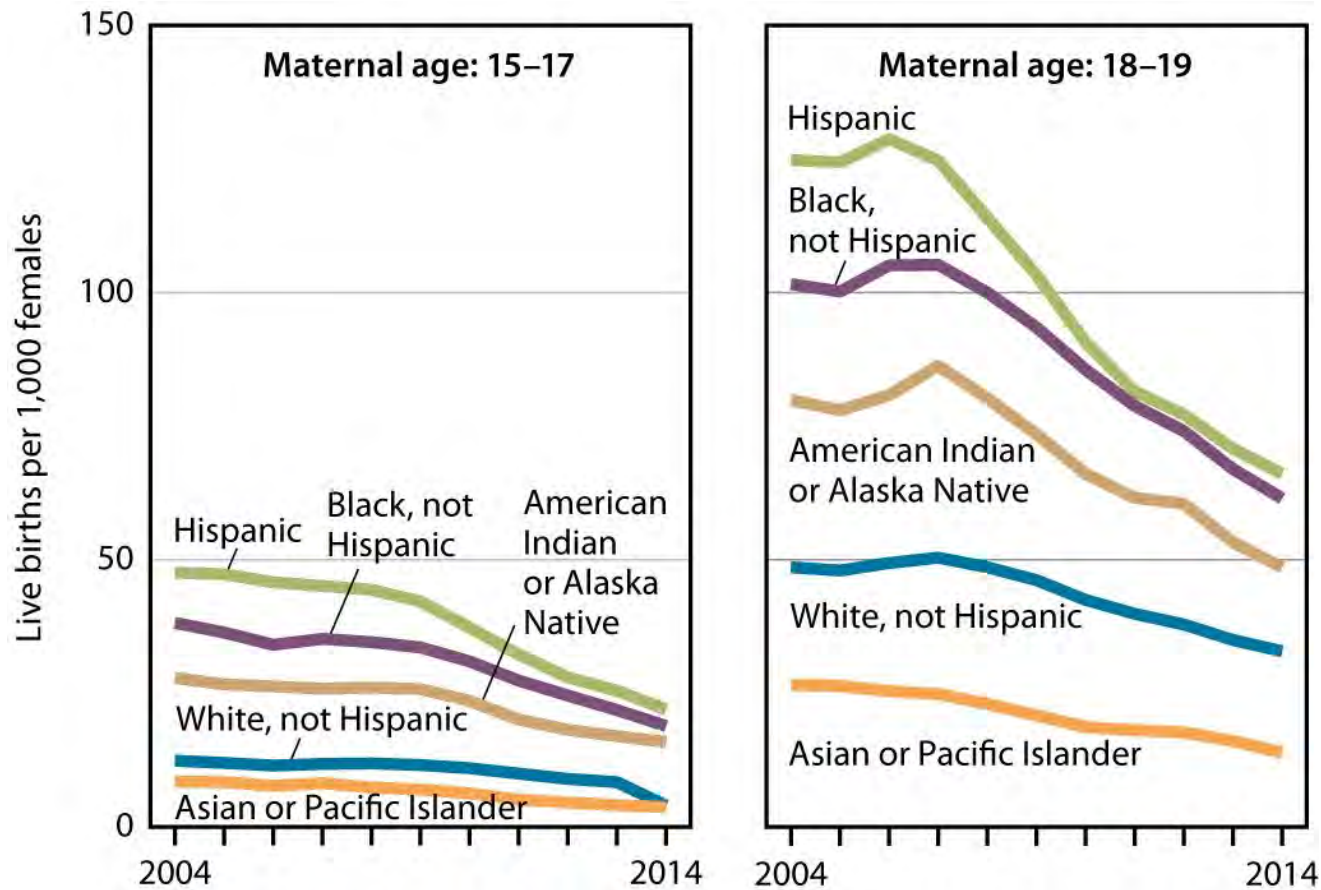
NOTES: CLRD is chronic lower respiratory diseases. A change in the coding rules for nephritis, nephrotic syndrome and nephrosis caused an increase in the number of deaths attributed to diabetes beginning with 2011 data. Thus, the trend for diabetes death rates should be interpreted with caution.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 2 and Table 17. Data from the National Vital Statistics System (NVSS).

# Percent Distribution of the 10 leading causes of death, by sex: United States, 2014

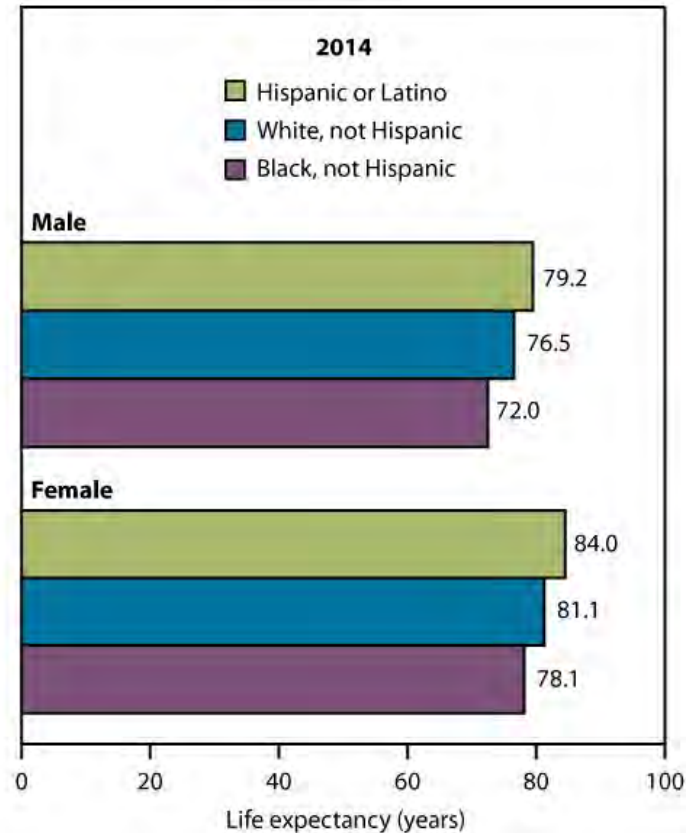
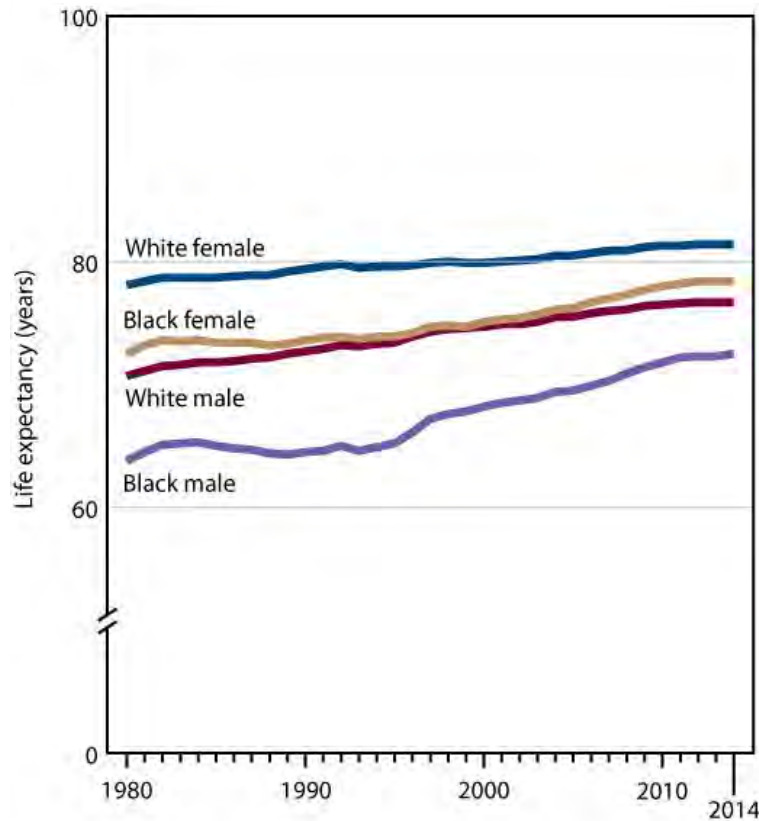


# Teenage childbearing



SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 4 and Table 3. Data from the National Vital Statistics System (NVSS).

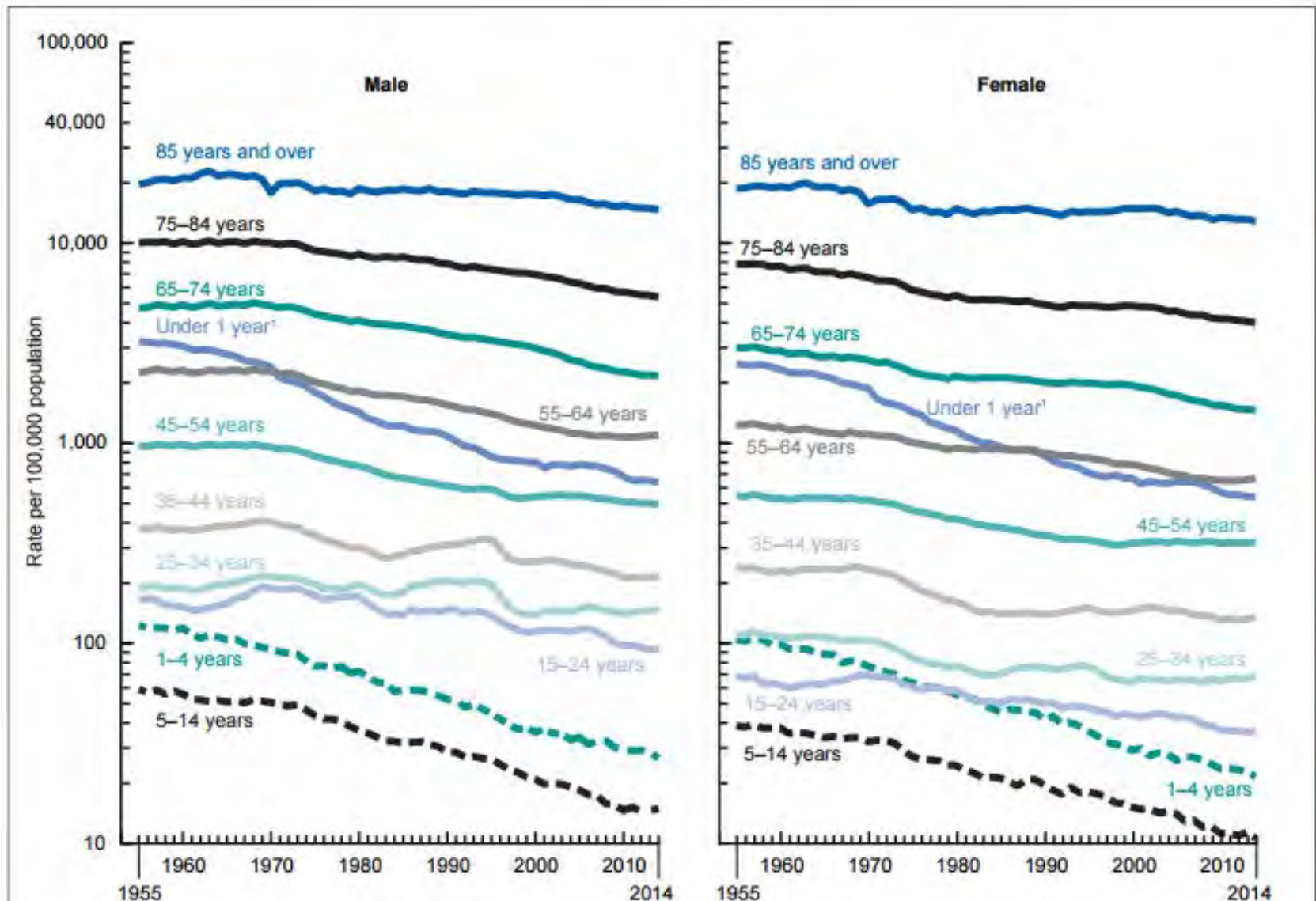
# Life expectancy at birth



NOTE: Life expectancy data by Hispanic origin were available starting in 2006 and were corrected to address racial and ethnic misclassification.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 18. Data from the National Vital Statistics System (NVSS).

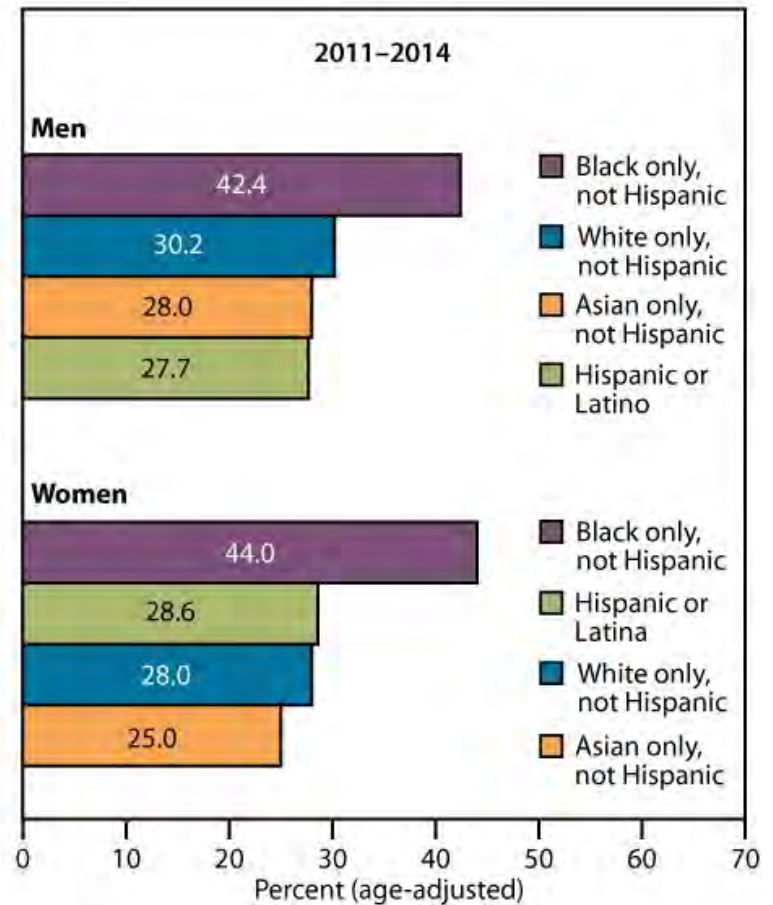
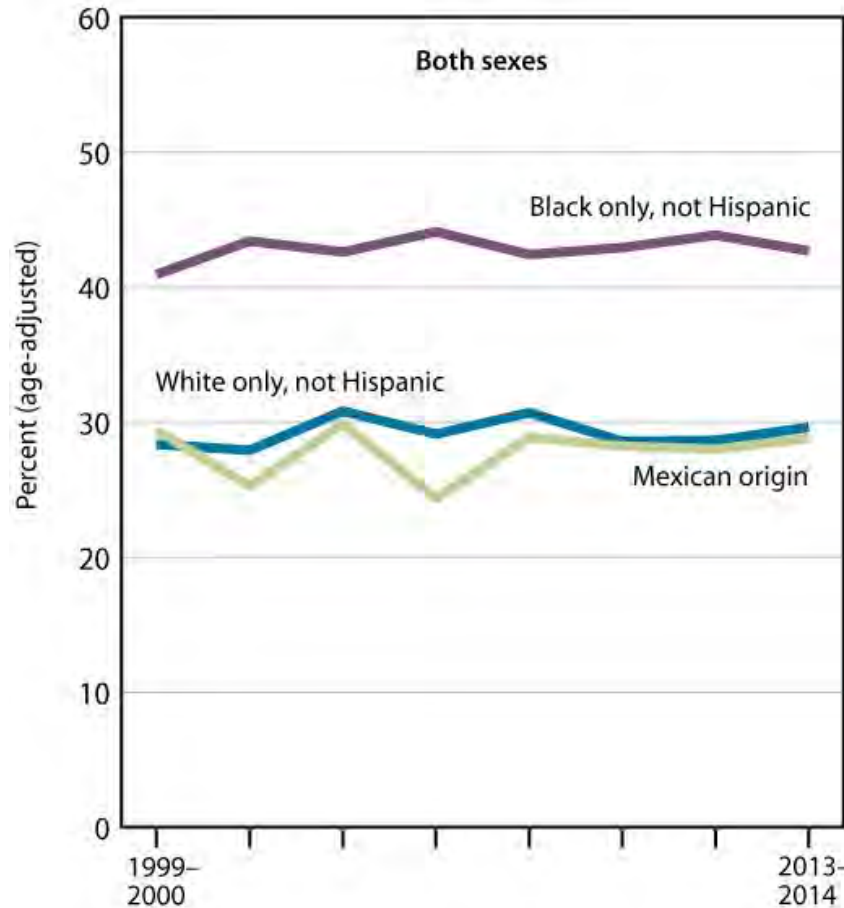
# HIV Death rates, by age and sex: United States 1955-2014



<sup>1</sup>Rates are based on population estimates which differ from infant mortality rates (based on live births); see Figure 7 for infant mortality rates and Technical Notes for further discussion of the difference.

SOURCE: NCHS, National Vital Statistics System, Mortality.

# Adults with hypertension: Adults aged 20+

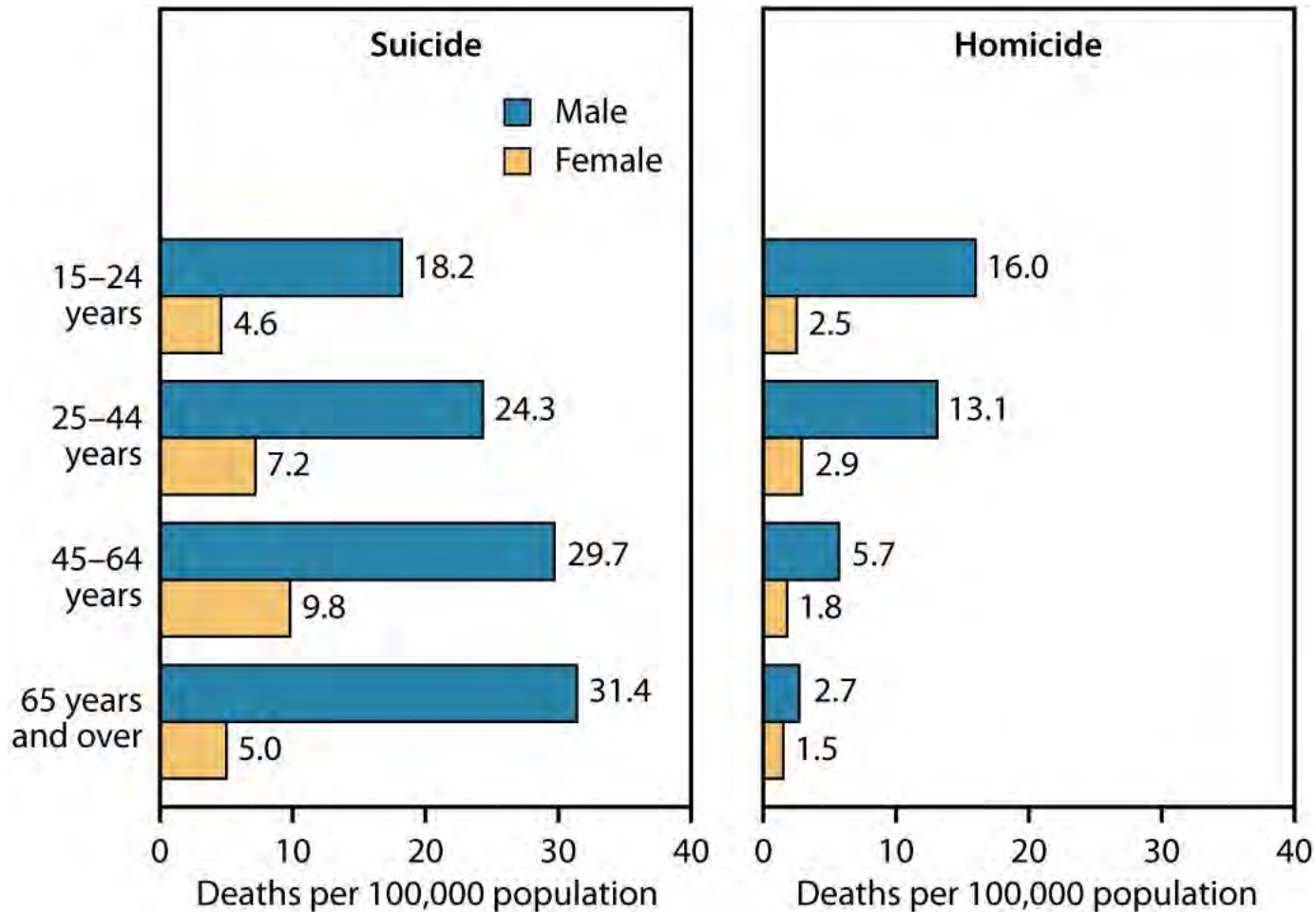


NOTE: Estimates are age-adjusted. Hypertension is having measured high blood pressure (systolic pressure of at least 140 mm Hg or diastolic pressure of at least 90 mm Hg) and/or respondent report of taking antihypertensive medication.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 23. Data from the National Health and Nutrition Examination Survey (NHANES).

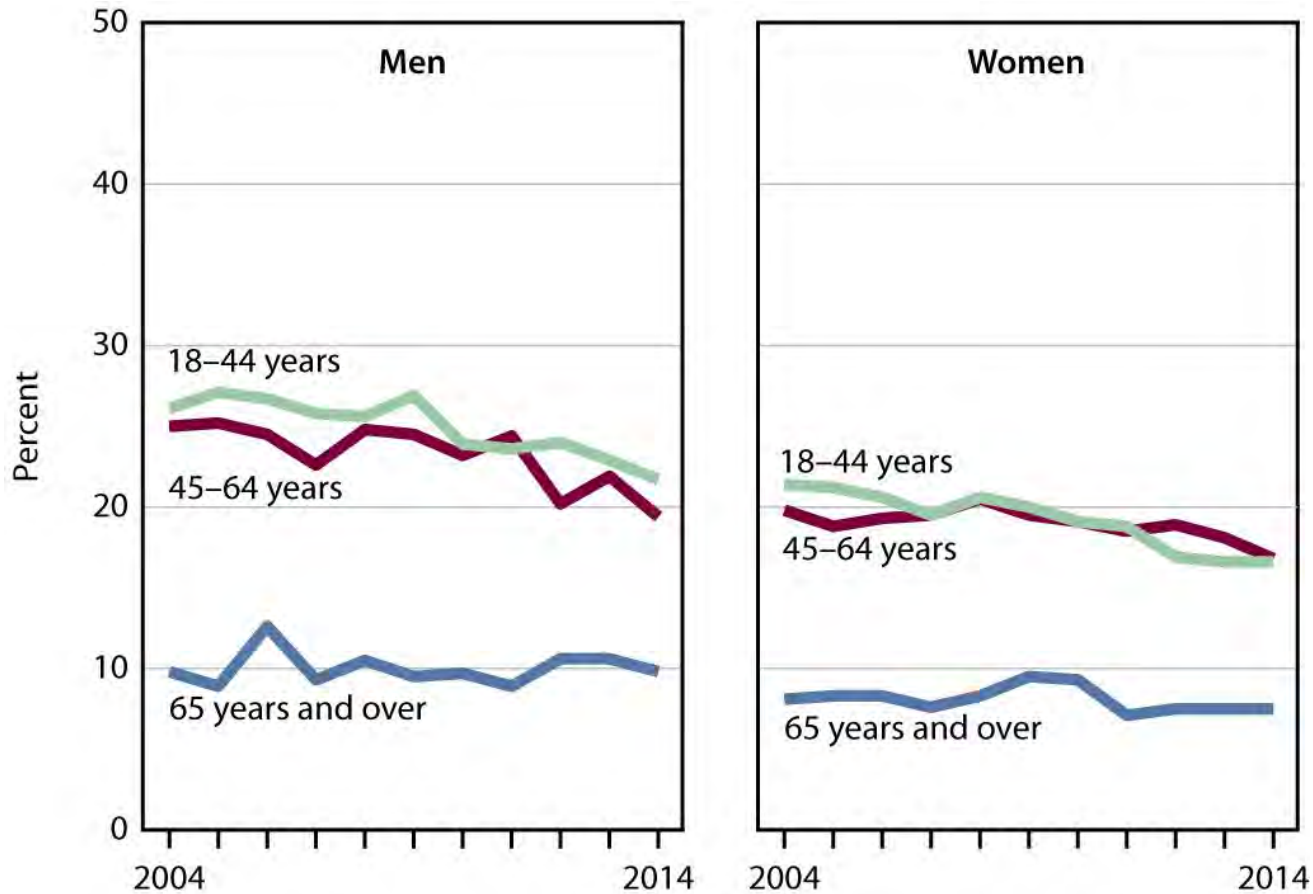


# Suicide and homicide death rates, 2014



SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 3 and Tables 29 and 30. Data from the National Vital Statistics System (NVSS).

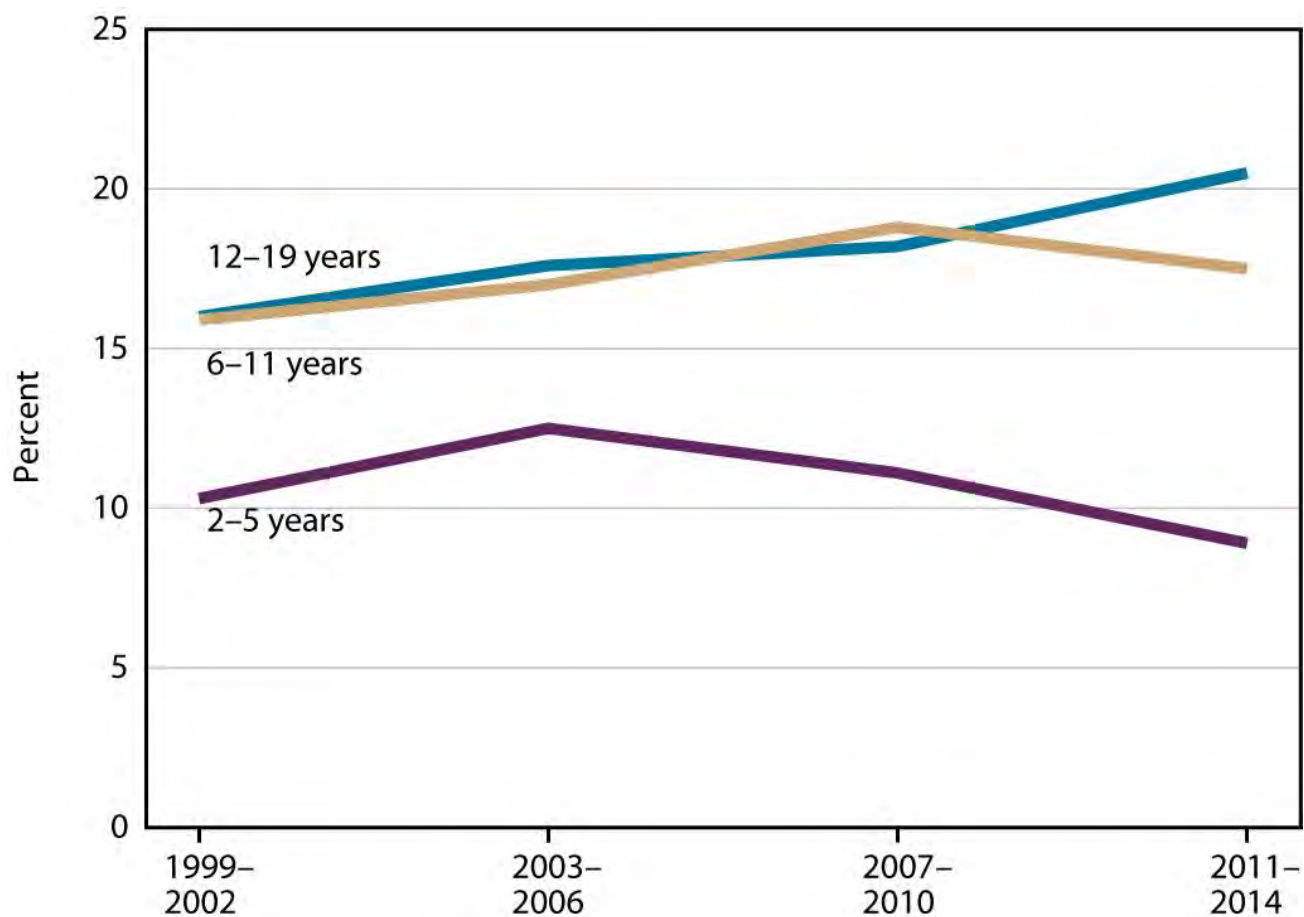
# Current cigarette smoking



NOTE: Smoked 100 cigarettes in their lifetime and smokes now every day or some days.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 7 and Table 47. Data from the National Health Interview Survey (NHIS).

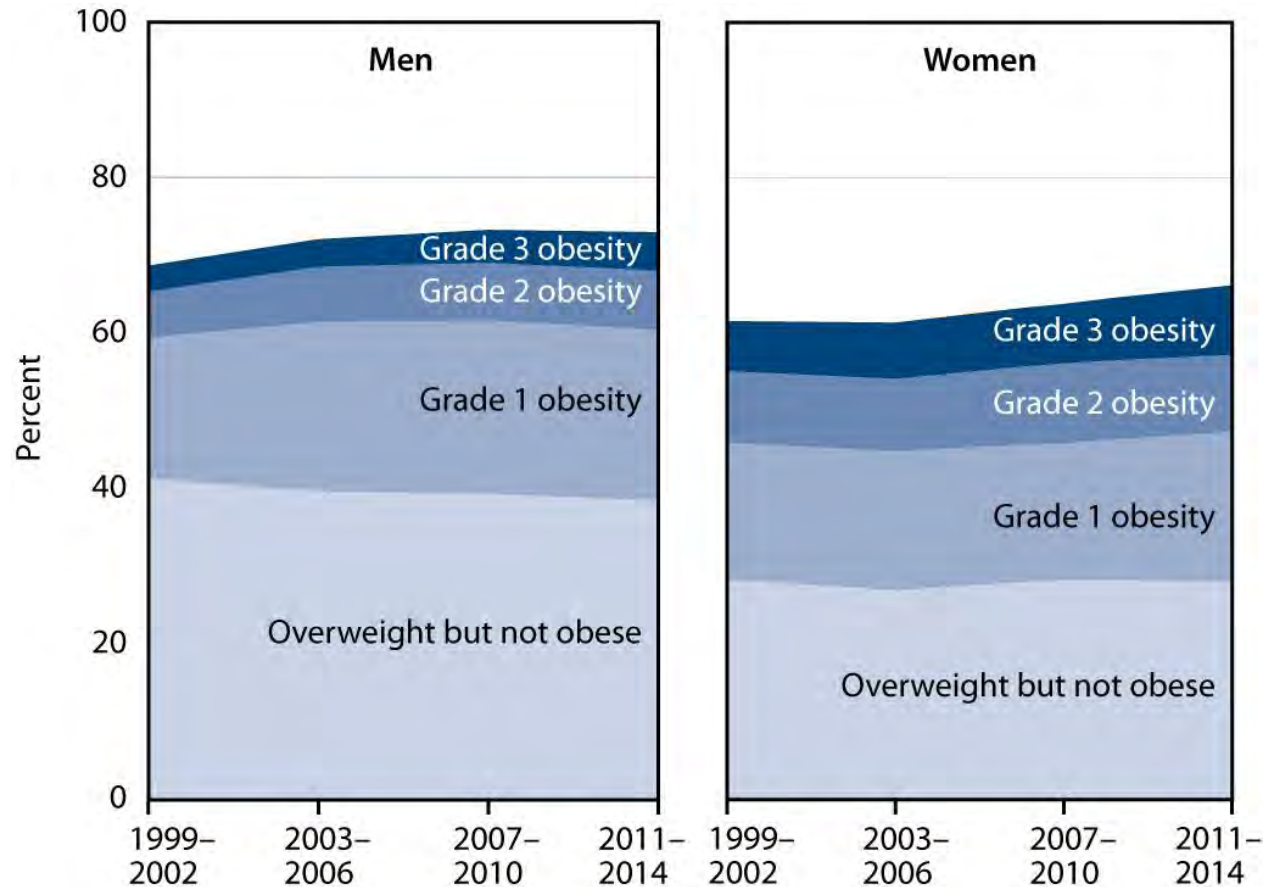
# Children and adolescents with obesity



NOTE: Obesity is body mass index (BMI) at or above the sex- and age-specific 95th percentile BMI cutoff points from the 2000 CDC Growth Charts.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 8 and Table 59. Data from the National Health and Nutrition Examination Survey (NHANES).

# Adults with overweight and obesity: Aged 20+

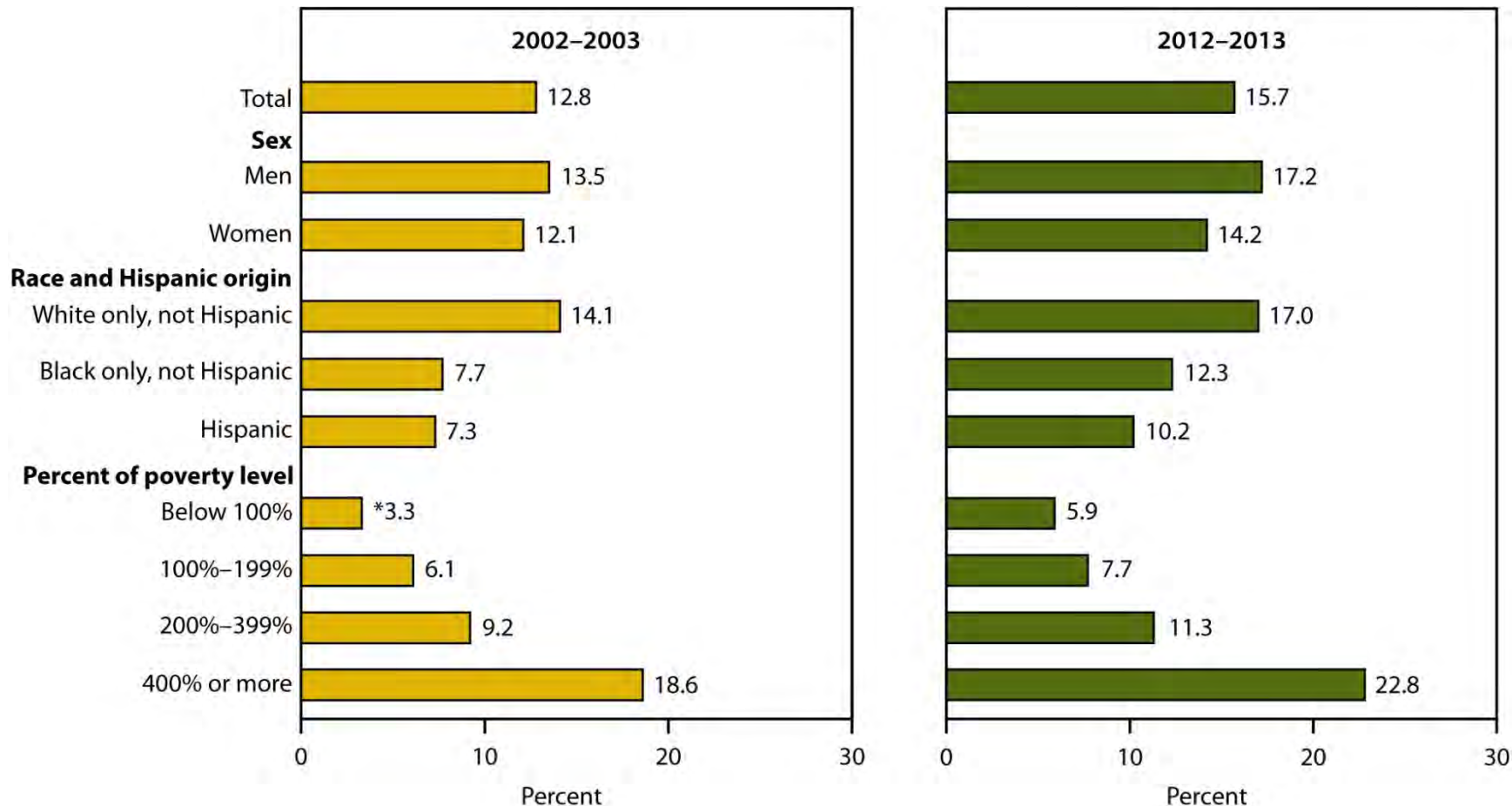


NOTES: BMI is body mass index. Overweight but not obese ( $25 \leq \text{BMI} < 30$ ); Grade 1 obesity ( $30 \leq \text{BMI} < 35$ ); Grade 2 obesity ( $35 \leq \text{BMI} < 40$ ); Grade 3 obesity ( $\text{BMI} \geq 40$ ).

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 9 and Table 58. Data from the National Health and Nutrition Examination Survey (NHANES).

# Physical activity: Adults aged 55–64 From Health United States

## From 2014

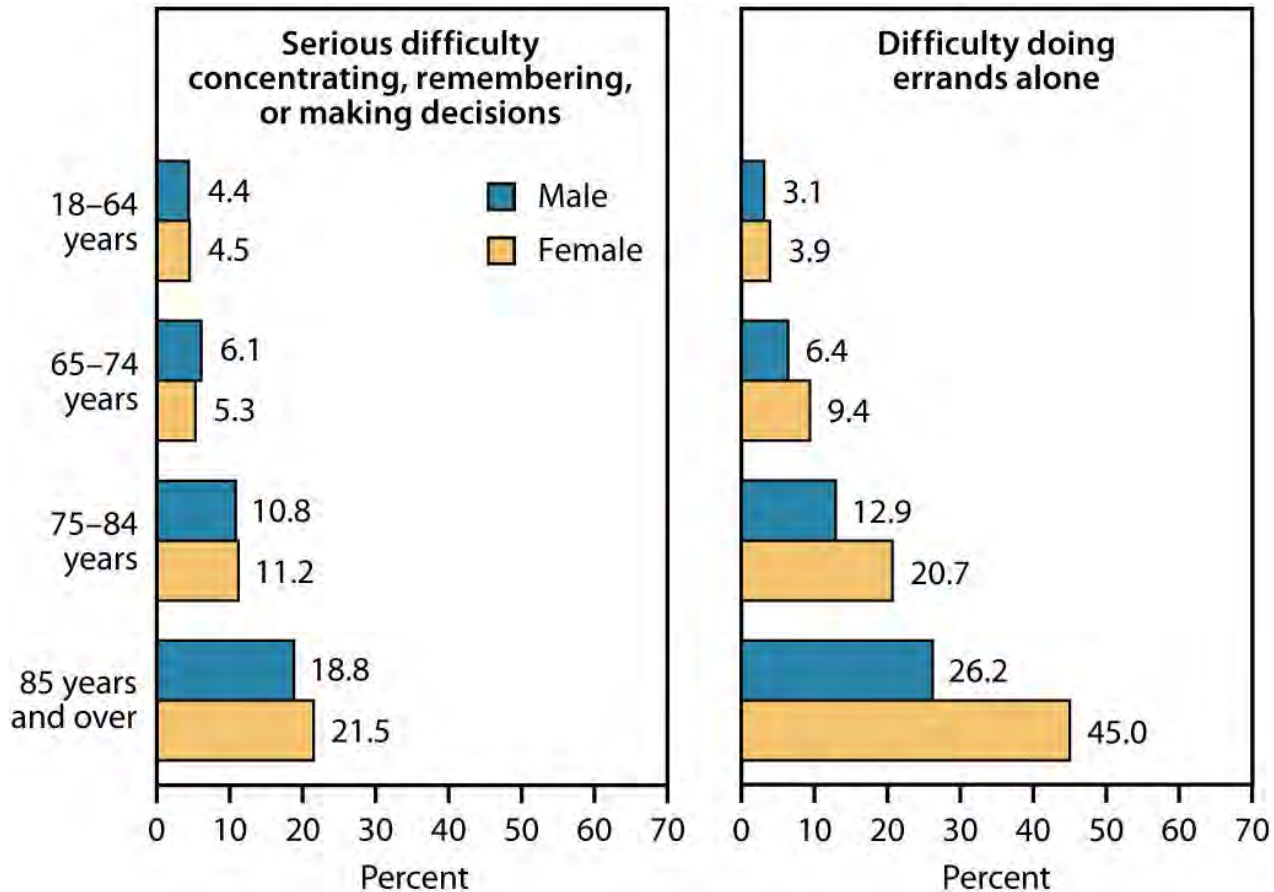


\* Estimate is considered unreliable and has a relative standard error of 20%–30%.

NOTES: Estimates are for the percentage of adults who engaged in leisure-time aerobic and muscle-strengthening activities at levels sufficient to meet the *2008 Physical Activity Guidelines for Americans*.

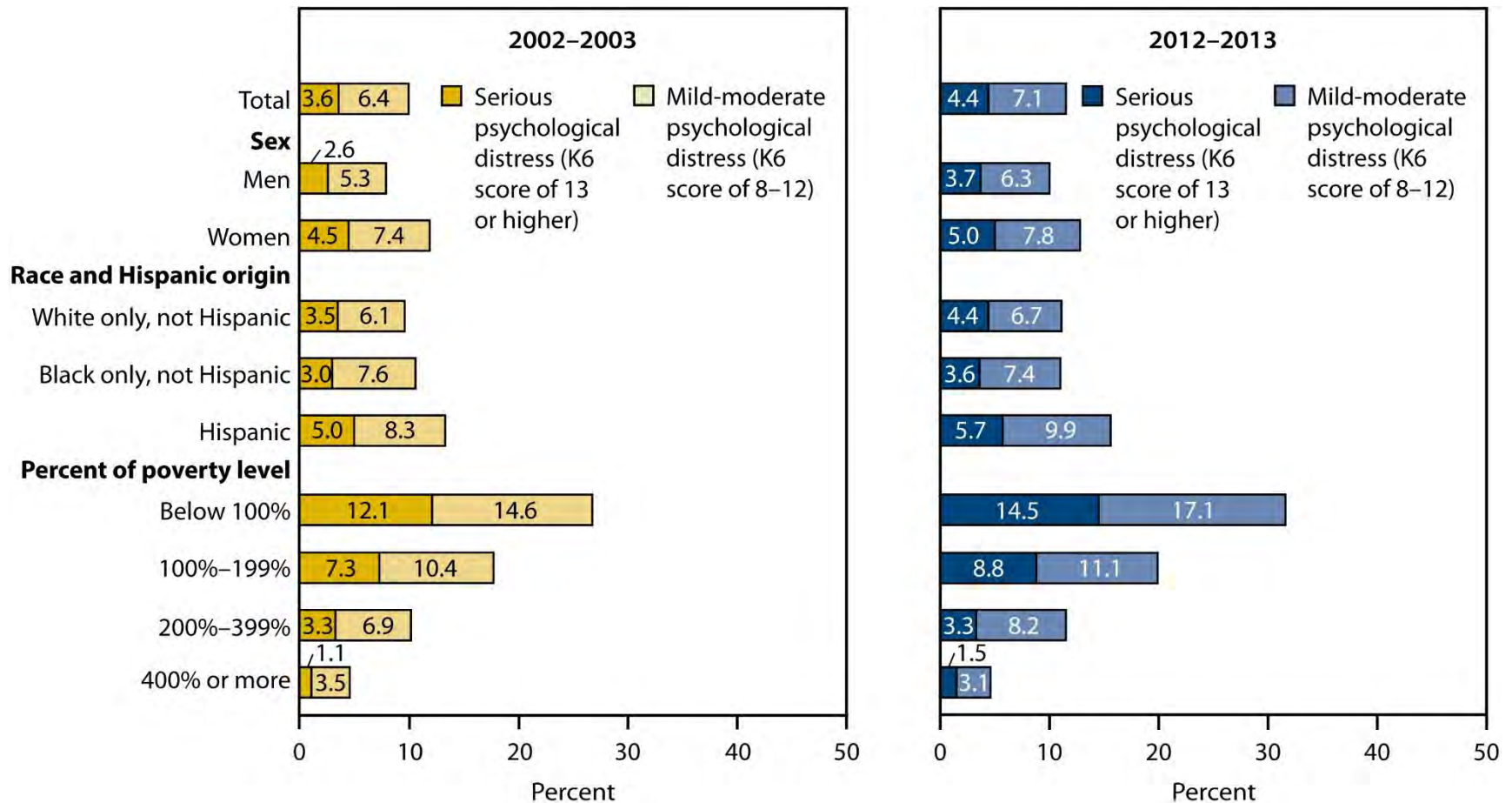
SOURCE: CDC/NCHS, *Health, United States, 2014*, Figure 24. Data from the National Health Interview Survey (NHIS).

# Disability indicators, 2014



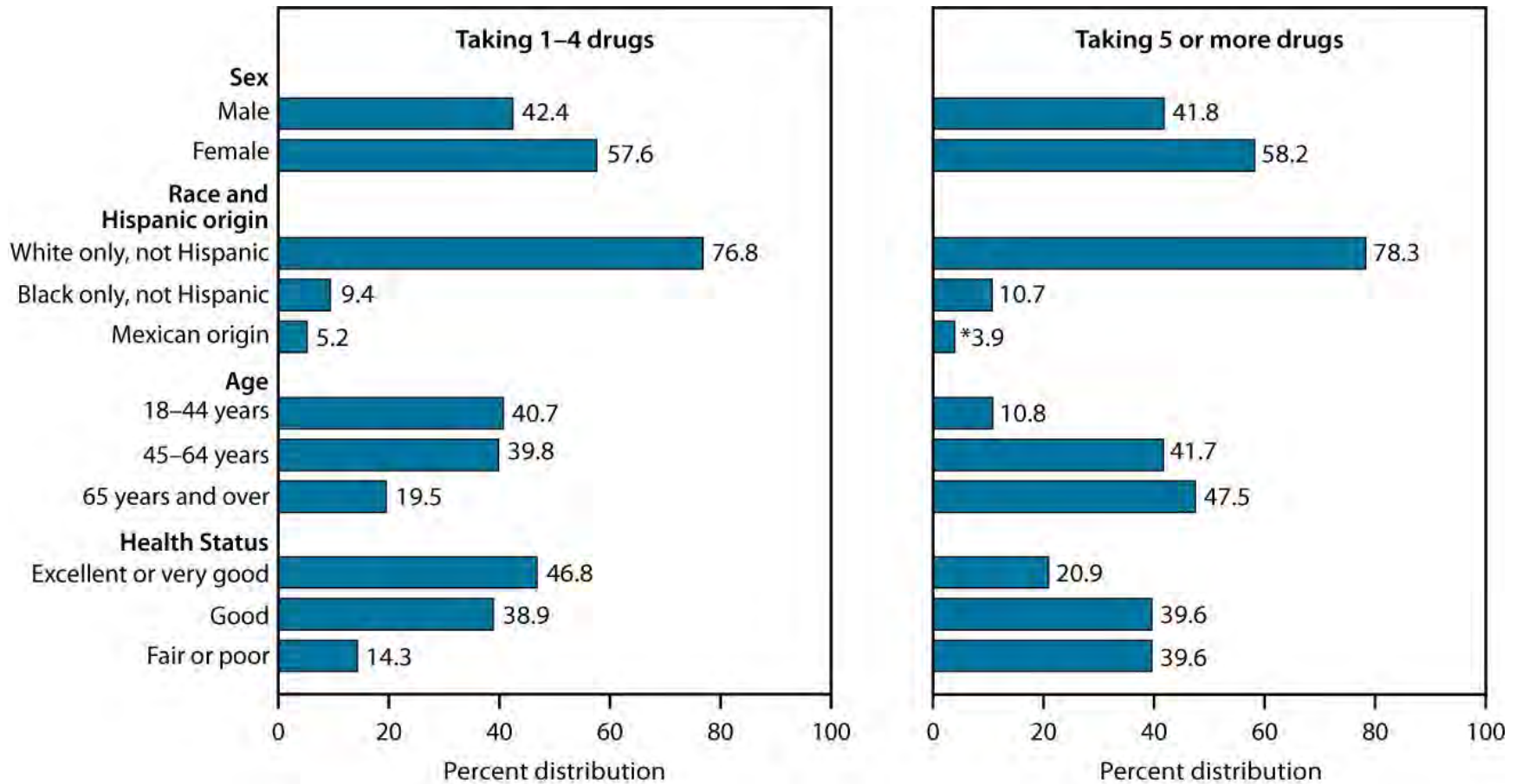
SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 6. Data from the National Health Interview Survey (NHIS).

# Psychological distress: Adults aged 55–64 From 2014



SOURCE: CDC/NCHS, *Health, United States, 2014*, Figure 22. Data from the National Health Interview Survey (NHIS).

# Polypharmacy, 2007–2010 From 2013



\*Estimate is considered unreliable. Data preceded by an asterisk have a relative standard error of 20%–30%.

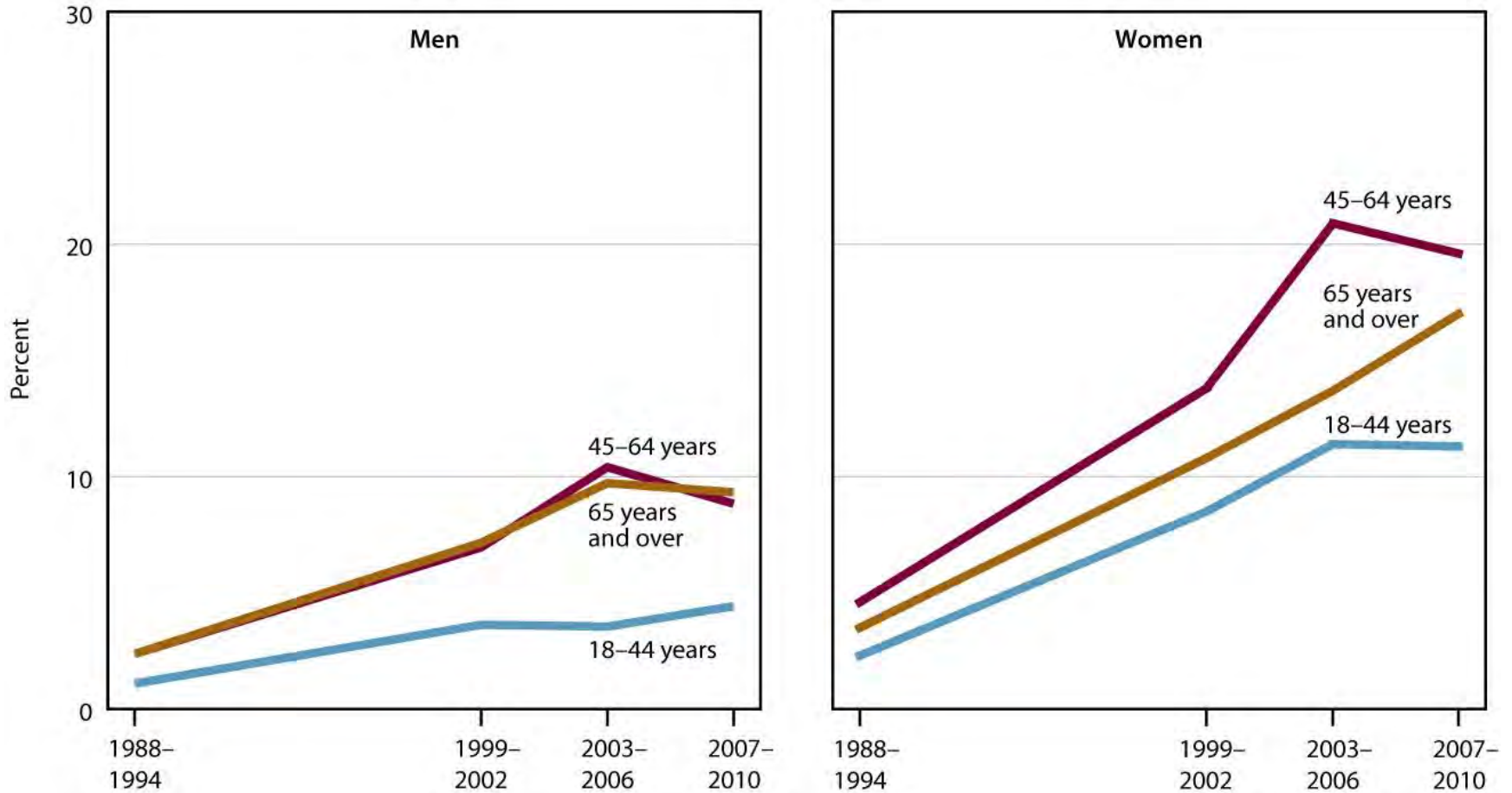
NOTE: Use is in the past 30 days. Race and Hispanic origin estimates do not sum to 100% because of respondents in other racial and ethnic groups.

SOURCE: CDC/NCHS, Health, United States, 2013, Figure 22. Data from the National Health and Nutrition Examination Survey.



# Prescription antidepressant use

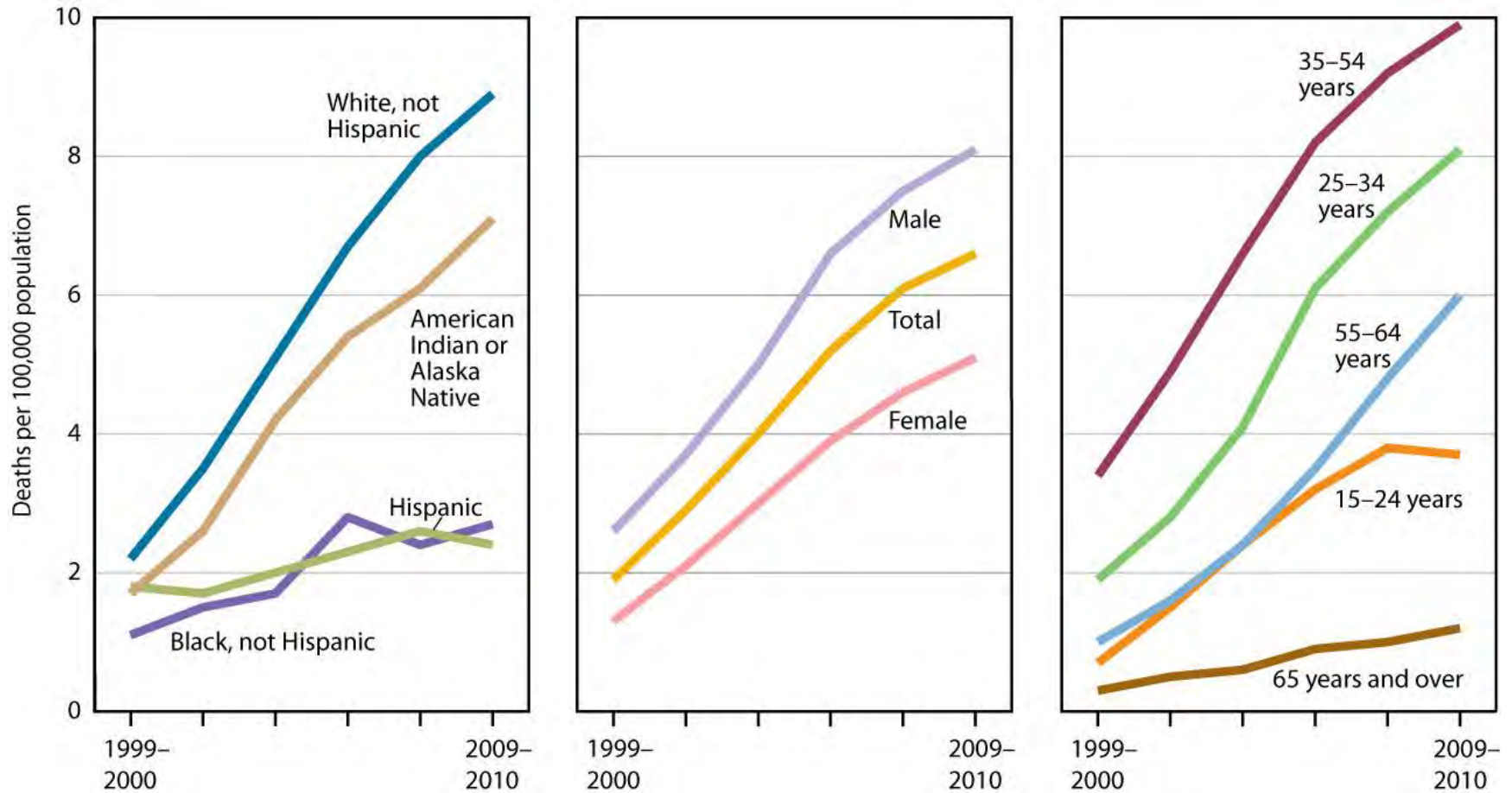
## From 2013



NOTE: The 1988-1994 estimates for men are considered unreliable because the estimates have relative standard errors of 20%-30%.  
 SOURCE: CDC/NCHS, Health, United States, 2013, Figure 25. Data from the National Health and Nutrition Examination Survey.

# Drug poisoning deaths involving opioid analgesics

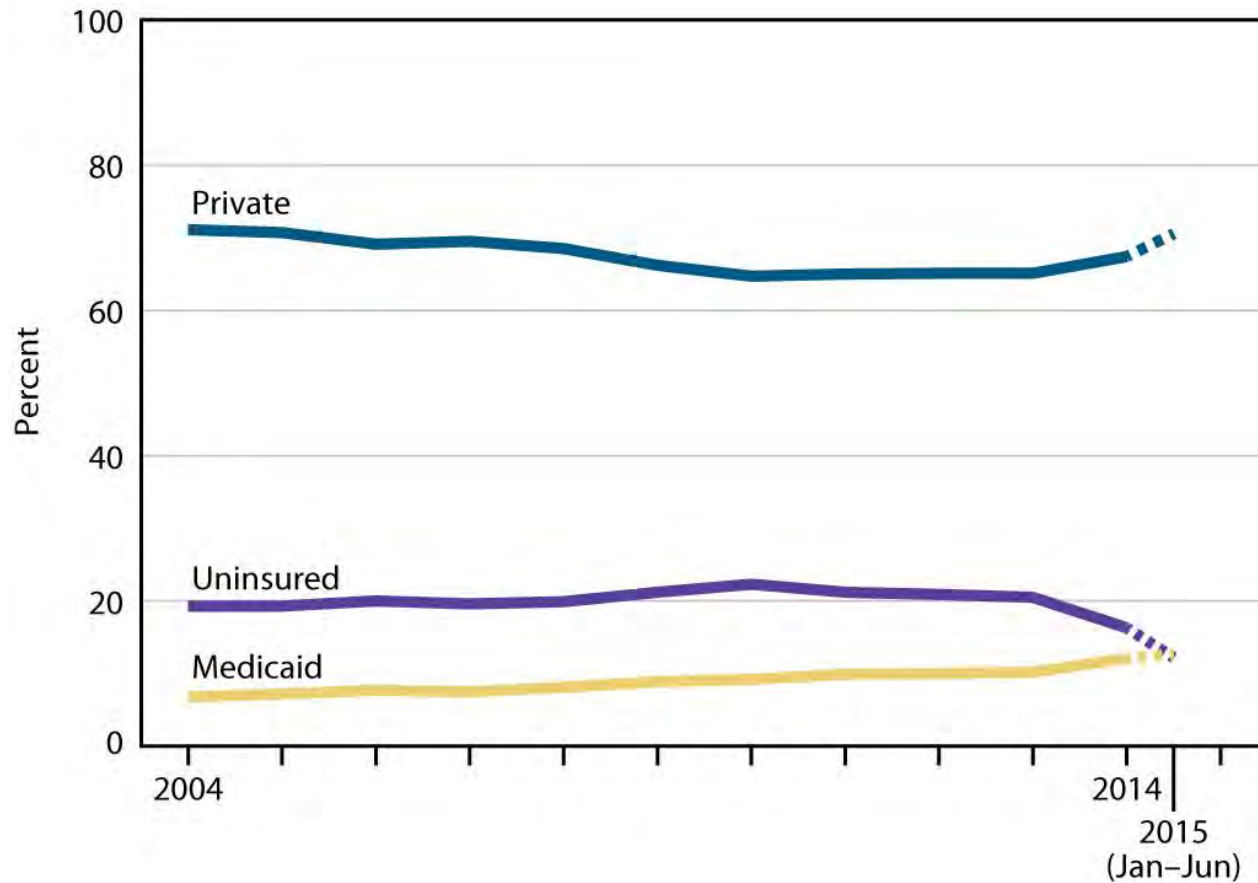
From 2013



NOTES: Rates are age-adjusted, except for age group data. Drug poisoning deaths with the drug type unspecified (up to 25% of total drug poisoning deaths) are not included.

SOURCE: CDC/NCHS, Health, United States, 2013, Figure 28. Data from the National Vital Statistics System.

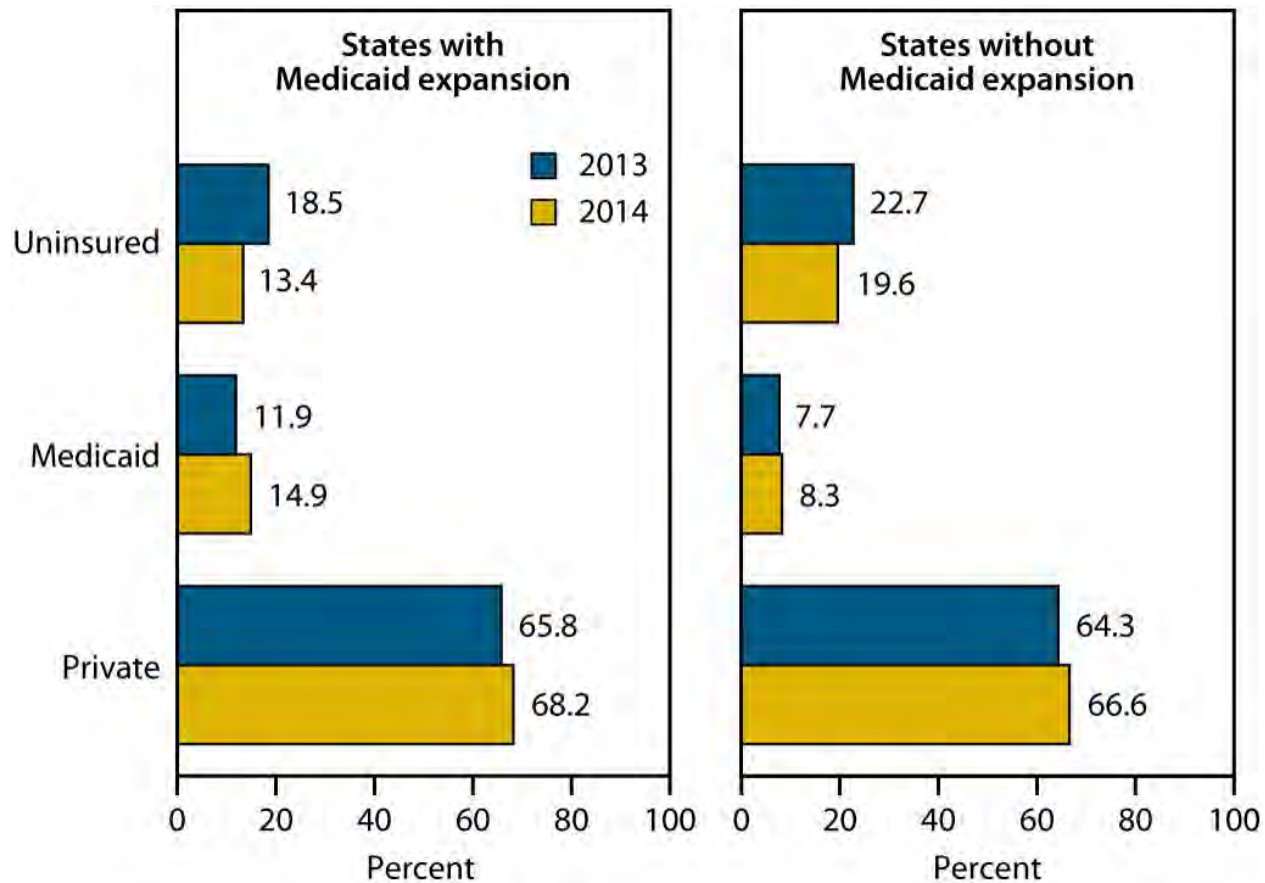
# Health insurance coverage: Adults aged 18–64



NOTE: Preliminary estimates for the first 6 months of 2015 are shown with a dashed line.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 16 and Tables 102, 104, and 105. Data from the National Health Interview Survey (NHIS).

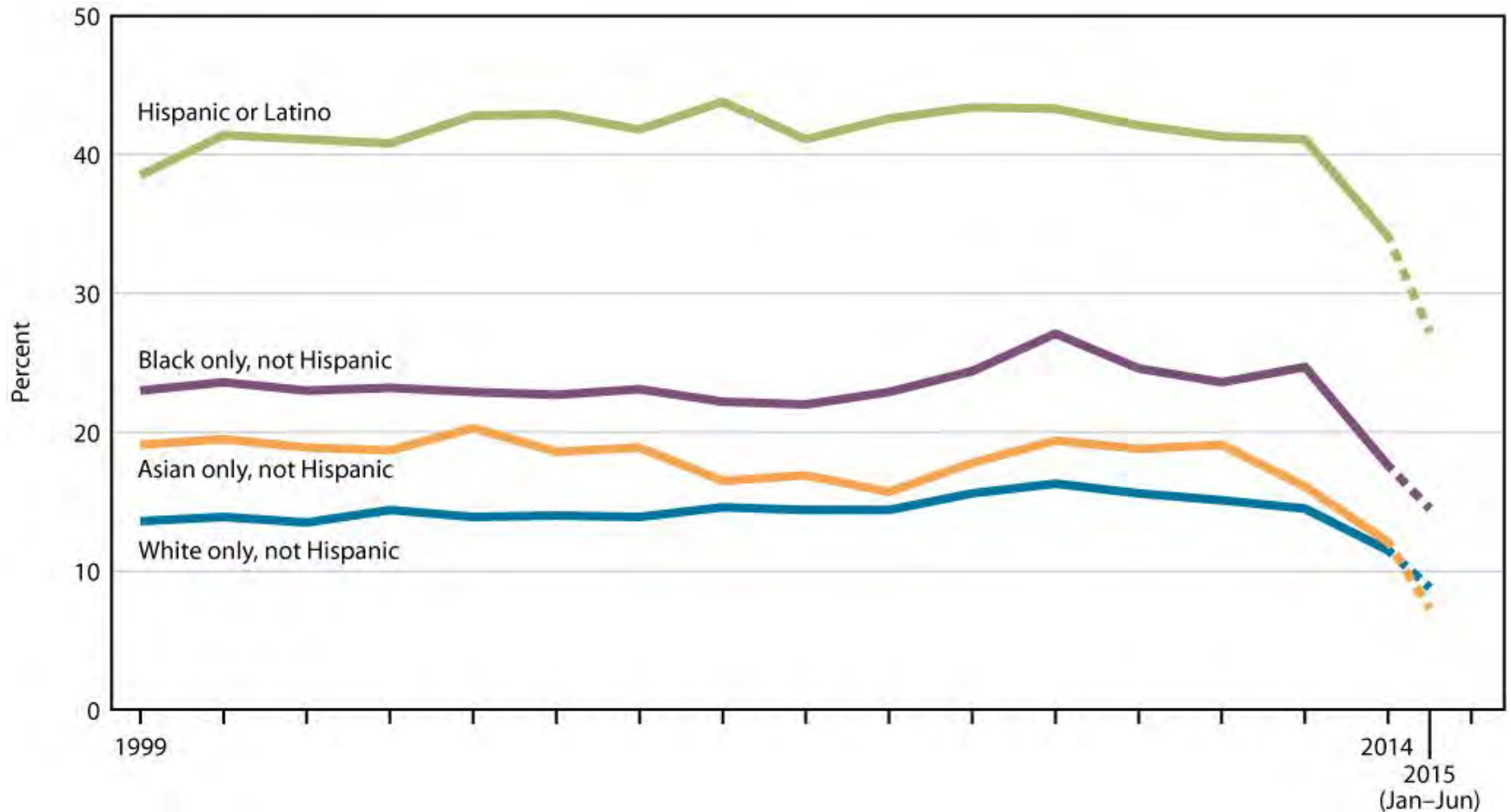
# Health insurance coverage: Adults aged 18–64



NOTE: States were classified based on their decision to expand Medicaid as of January 1, 2014.

SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 17. Data from the National Health Interview Survey (NHIS).

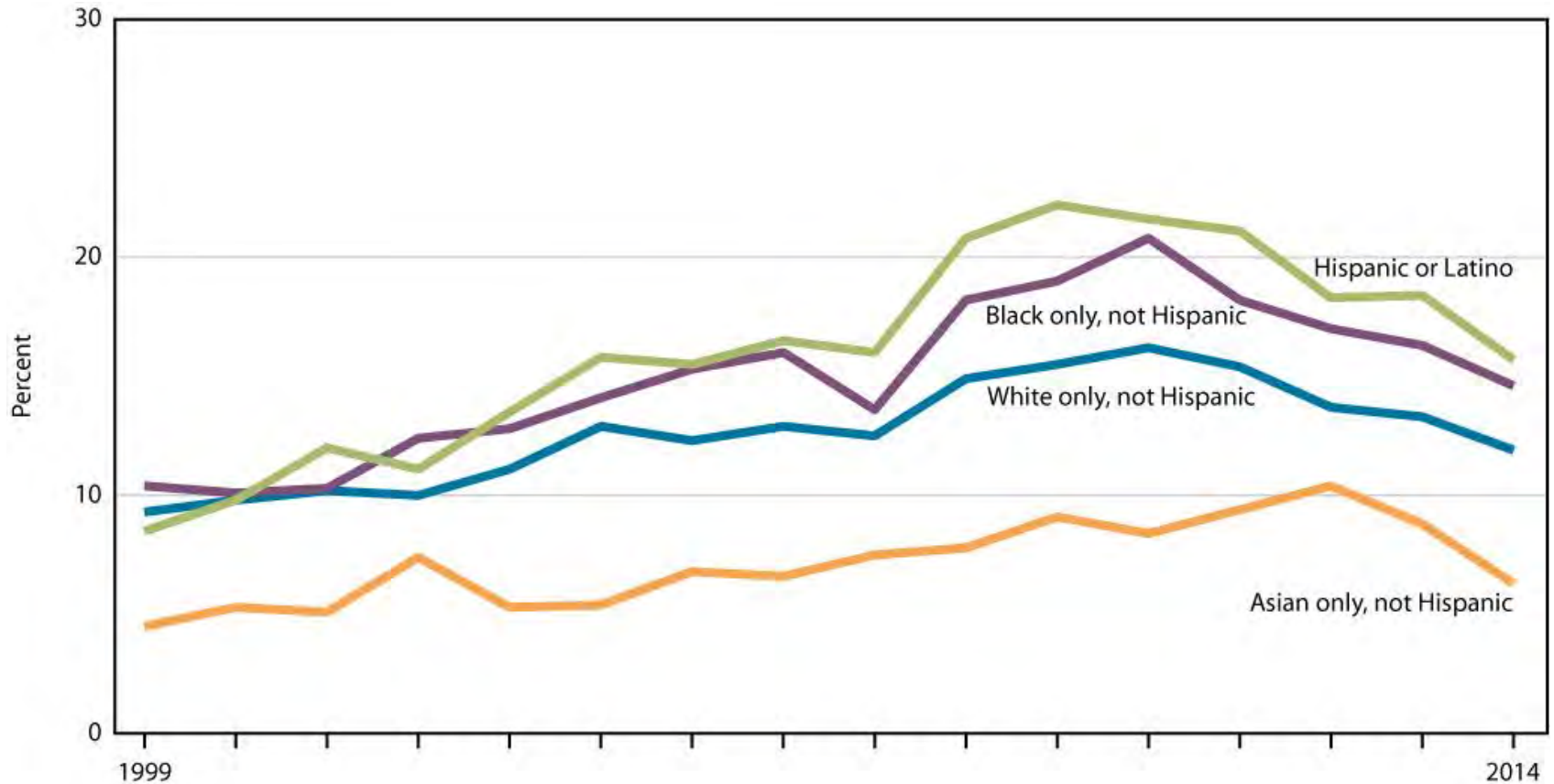
# Uninsured: Adults aged 18–64



NOTE: Preliminary estimates for the first 6 months of 2015 are shown with a dashed line.

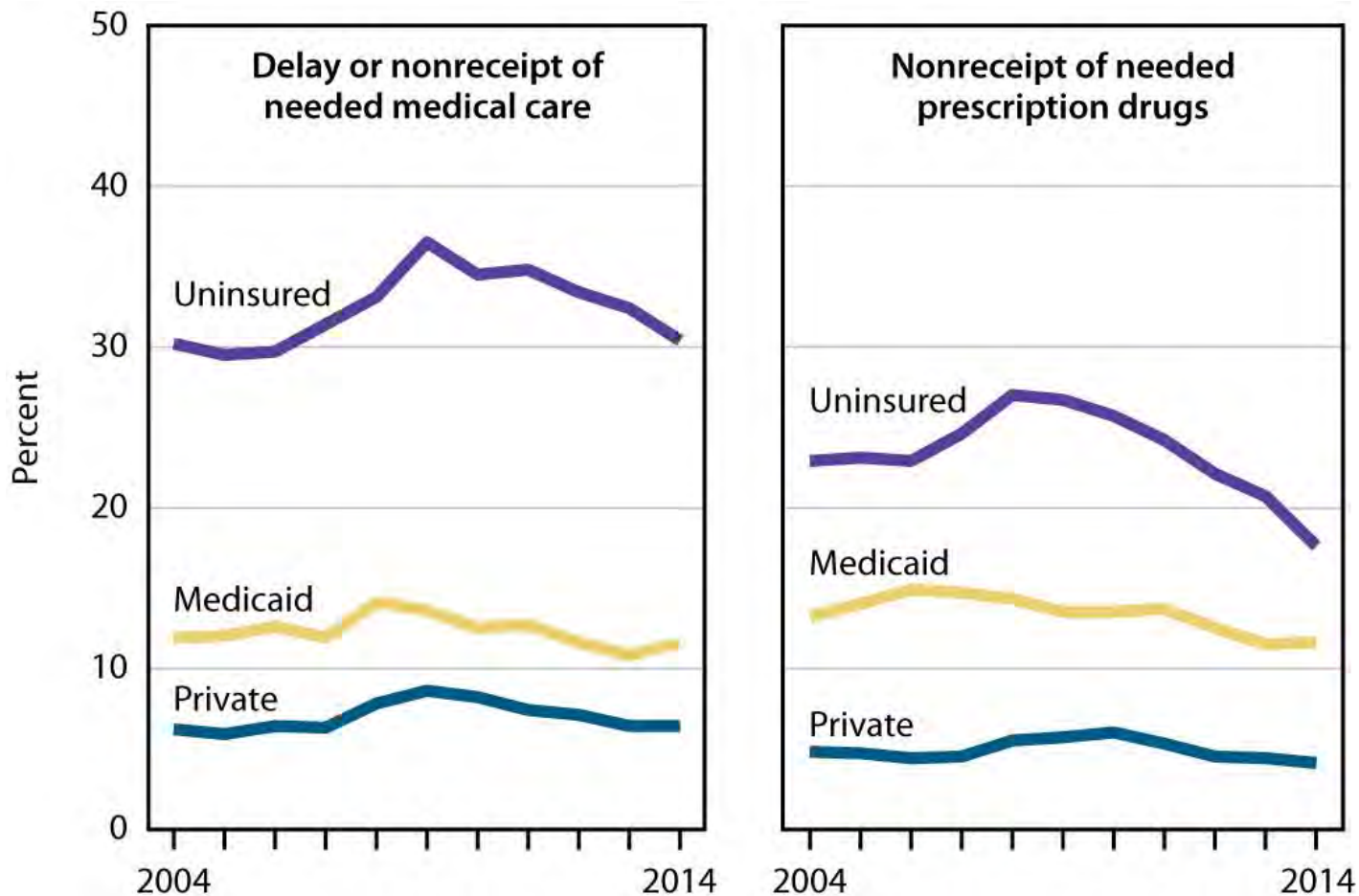
SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 26. Data from the National Health Interview Survey (NHIS).

# Difficulty accessing care: Adults aged 18–64



SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 27. Data from the National Health Interview Survey (NHIS).

# Difficulty accessing care: Adults aged 18–64



SOURCE: CDC/NCHS, *Health, United States, 2015*, Figure 12 and Table 63. Data from the National Health Interview Survey (NHIS).

The complete Health-US 2015 Report,  
published in 2016, can be found at  
<https://www.cdc.gov/nchs/data/hus/hus15.pdf>

As noted, some slides are from Health-US 2013 & 2014

**Men's Health Network:**

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